

# Schedule of Events

## Sunday July 5

8:00 a.m.- 9:00 p.m.	<b>Registration, Check-in, Hospitality, Information Central</b>	<b>The Commons Center, Lobby</b>
10:00 a.m.- 12:00 p.m.	<b>Pre-Symposium Workshop #1</b> "Therapeutic Qigong"—Master Helen Xiaorong Wu Twenty four simple and enjoyable Qigong exercises designed to relieve chronic illness, reduce stress and tension, regulate normal bodily functions, improve circulation, and boost the immune system.	<b>Student Life Center/Commodore Ballroom</b>
11:00-4:00	<b>Orientations, On The Hour</b> A one-hour introduction to the Symposium structure and a tour of Vanderbilt and Symposium facilities.	<b>The Commons Center, Lobby, starting point</b>
2:00-4:00 p.m.	<b>Pre-Symposium Workshop #2</b> "Gentle and Safe Warm-ups"—Master Zifang Su Specially designed joint-friendly warm-up exercises appropriate for all physical conditions and to prepare for any sport.	<b>Student Life Center/Commodore Ballroom</b>
4:00 p.m.	<b>TAICHIMOBILE begins transport from The Commons Center and from SLC/Commodore Ballroom</b>	
4:30-9:30 p.m.	<b>Reception and Grand Opening</b>	<b>Blair School of Music</b>
	<b>Welcome Reception</b> Reception 4:30-8:30 p.m. Enjoy snacks and light fare at the Grand Opening.	<b>Martha Rivers Ingram Center for the Performing Arts</b>
5:30 p.m.	<b>Grand Opening</b> Opening Ceremonies Welcome Notes and Introductions Opening Keynote Address: Dr. Yang Yang Spotlight sessions with the Grandmasters Special welcome performances	<b>Blair School of Music/Ingram Hall</b>

## Grandmasters Schedule Summary

	Monday	Tuesday	Wednesday	Thursday	Friday	Group	Location
<b>Daily Keynote Address</b>	Grandmaster Wu Wenhan Wu/Hao Family Style	Grandmaster Chen Zhenglei Chen Family Style	Grandmaster Ma Hailong Wu Family Style	Grandmaster Sun Yongtian Sun Family Style	Grandmaster Yang Zhenduo Yang Family Style	A and B	Blair/Ingram Hall
<b>Morning Work-shops A-1</b>	Ma Hailong Wu Family Style Part 1 (1-8)	Ma Hailong Wu Family Style Part 2 (9-16)	Yang Zhenduo Yang Family Style Part 1 (1-8)	Yang Zhenduo Yang Family Style Part 2 (9-16)	Wu Wenhan Wu/Hao Family Style Part 2 (9-16)	A-1	Student Life Center/Commodore Ballroom
<b>Morning Work-shops B-1</b>	Sun Yongtian Sun Family Style Part 1 (1-8)	Wu Wenhan Wu/Hao Family Style Part 1 (1-8)	Wu Wenhan Wu/Hao Family Style Part 2 (9-16)	Ma Hailong Wu Family Style Part 1 (1-8)	Sun Yongtian Sun Family Style Part 2 (9-16)	B-1	Dr. Thomas F. Frist Centennial Sportsplex
<b>Afternoon Work-shops A-2</b>	Chen Zhenglei Chen Family Style Part 1 (1-8)	Sun Yongtian Sun Family Style Part 1 (1-8)	Sun Yongtian Sun Family Style Part 2 (9-16)	Wu Wenhan Wu/Hao Family Style Part 1 (1-8)	Chen Zhenglei Chen Family Style Part 2 (9-16)	A-2	Dr. Thomas F. Frist Centennial Sportsplex
<b>Afternoon Work-shops B-2</b>	Yang Zhenduo Yang Family Style Part 1 (1-8)	Yang Zhenduo Yang Family Style Part 2 (9-16)	Chen Zhenglei Chen Family Style Part 1 (1-8)	Chen Zhenglei Chen Family Style Part 2 (9-16)	Ma Hailong Wu Family Style Part 2 (9-16)	B-2	Student Life Center/Commodore Ballroom

### Design of Schedule for Grandmasters Presentations

We know that the main reason many of you are attending the Symposium is to take advantage of this exceptional opportunity to meet the lineage holders—the Grandmasters—of each of the five major family styles of traditional Tai Chi Chuan. With that in mind, we designed a schedule to feature all of them on a daily basis. All five Grandmasters are scheduled to make a presentation each day. Each morning, one Grandmaster gives a keynote address. In two concurrent morning active instructional workshops, two Grandmasters teach their Tai Chi Chuan form, and in the afternoon's two concurrent active instructional workshops, the other two Grandmasters teach theirs. And we arranged their workshop time so that you can rotate through all of the instructional units and all five styles.

### Rotation of Instructional Workshops

Each Grandmaster teaches his 16-move routine (Part One and Part Two) twice during the five-day series. Your Group (Group A or B, in morning and afternoon sessions) is rotated so that you are scheduled to participate in both parts of each style during the five-day period.

**In the spirit of "one family", the Grandmasters respectfully request that participants do not repeat any of their workshops, but instead take advantage of this unique schedule and sample all five family styles.** We, too, request that participants plan to visit each Grandmaster and learn both Part One and Part Two of each family's 16-move form. We appreciate your honoring their request and adhering to your schedule.

# Monday July 6

6:15-7:00 a.m.	<b>Morning Sunrise Practice</b>		<b>Peabody Esplanade</b>
7:00-9:00 a.m.	<b>Registration, Check-in, Hospitality, Information Central</b>		<b>The Commons Center</b>
7:00-9:00 a.m.	<b>The Commons Dining Hall is open for breakfast.</b>		<b>The Commons Center, Dining Hall</b>
7:30 a.m.- 6:30 p.m.	<b>Silk Road Bazaar</b> The Symposium's trade show features vendors of interesting cultural merchandise, music, DVDs, books, instructional materials and study aids, memorabilia and treasures of all kinds.		<b>The Commons Center, Multi-Purpose Room</b>
7:30-8:00 a.m.	<b>Orientation</b> Introduction to the Symposium structure and information about campus locations.		<b>The Commons Center, Lobby</b>
8:15 a.m.	<b>TaiChiMobile Service begins transport from The Commons Center</b>		
8:45-9:45 a.m.	<b>Grandmaster's Morning Keynote Address</b> "Wu/Hao Family Style Tai Chi Chuan"—Grandmaster Wu Wenhan		<b>Blair School of Music/Ingram Hall</b>
9:45-10:15 a.m.	<b>Morning Break, TaiChiMobile Service</b>		
10:15-11:45 a.m.	<b>Tai Chi Chuan Grandmasters Workshops</b>		
	<b>Student Life Center/Commodore Ballroom</b>	<b>Dr. Thomas F. Frist Centennial Sportsplex</b>	
	<b>A-1 Wu Family Style, Part 1 (1-8)</b> <b>Grandmaster Ma Hailong</b>	<b>B-1 Sun Family Style, Part 1 (1-8)</b> <b>Grandmaster Sun Yongtian</b>	
11:00-1:00 p.m.	<b>The Commons Dining Hall is open for lunch.</b>		<b>The Commons Center, Dining Hall</b>
1:00 p.m.	<b>TaiChiMobile Service begins transport from The Commons Center</b>		
1:00-1:30 p.m.	<b>Academic Sessions: Poster Presentations</b>		<b>Blair School of Music/Ingram Hall</b>
	A poster session presents Tai Chi Chuan and Qigong research, programs, or projects in a visual form. These are displayed on the perimeter of Blair's entryways throughout the Symposium. Presenters are available to respond to questions about their poster.		
1:30-3:00 p.m.	<b>Academic Sessions: Oral Presentations</b>		<b>Blair School of Music/Ingram Hall</b>
	Daily presentations by medical, research, academic, and practitioner experts.		
1:30-3:00 p.m.	<b>Blair/Rehearsal Hall</b>	<b>Blair/Turner Hall</b>	<b>Blair/Ingram Hall</b>
	<b>1. Impact of Tai Chi Fundamentals for Women Cancer Survivors</b> <i>Sandy Matsuda, PhD, OTR/L</i> <i>Stephanie Reid-Arndt, PhD, ABPP</i> <i>Missouri, USA</i>	<b>1. Essential Taiji Practices and Age Related Declines</b> <i>Matthew F. Komelski</i> <i>Virginia, USA</i>	<b>1. Addressing the Methodological Challenges in Clinical Study of Taiji and Qigong Practice as an Intervention</b> <i>Kevin W Chen, PhD, MPH</i> <i>Maryland, USA</i>
	<b>2. Benefits of Teaching Tai Chi Chi Kung to the Aging Population</b> <i>Sharon Smith</i> <i>New York, USA</i>	<b>2. CHI/Qi: Illness, Wellness, Diet, Exercise, All Explained in Plain Language</b> <i>David Preston Easley, MD</i> <i>Kentucky, USA</i>	<b>2. Design Challenges in Taiji/Qigong Research: Sham Control Rationale and Implications</b> <i>Linda Larkey, PhD, CRTT</i> <i>Arizona, USA</i>
	<b>3. Taiji and Qigong Intervention/Impact on Early Stage Dementia</b> <i>Ruth Gilbert</i> <i>Illinois, USA</i>	<b>3. A Western Doctor's View on the Basics of Taijiquan</b> <i>Jean-Marc Geering, MD</i> <i>Lausanne, Switzerland</i>	<b>3. Challenges to the Scientific Evaluation of Tai Chi</b> <i>Peter Wayne, PhD</i> <i>Massachusetts, USA</i>
3:00-3:30 p.m.	<b>Afternoon Break, TaiChiMobile Service</b>		
3:30-5:00 p.m.	<b>Tai Chi Chuan Grandmasters Workshops</b>		
	<b>Dr. Thomas F. Frist Centennial Sportsplex</b>	<b>Student Life Center/Commodore Ballroom</b>	
	<b>A-2 Chen Family Style, Part 1 (1-8)</b> <b>Grandmaster Chen Zhenglei</b>	<b>B-2 Yang Family Style, Part 1 (1-8)</b> <b>Grandmaster Yang Zhenduo</b>	
5:00-6:15 p.m.	<b>The Commons Dining Hall is open for dinner.</b>		<b>The Commons Center, Dining Hall</b>
5:00-7:00 p.m.	<b>Registration</b>		<b>The Commons Center, Lobby</b>
6:00-7:00 p.m.	<b>Networking Station</b>		<b>The Commons Center, Lobby</b>
7:00 p.m.	<b>TaiChiMobile begins transport from The Commons Center</b>		
7:30-9:30 p.m.	<b>International Yang Family Tai Chi Chuan Association</b> <b>10th Anniversary Celebration Banquet and Party</b>		<b>Student Life Center/Commodore Ballroom</b>
	The International Yang Family Tai Chi Chuan Association, organizer and sponsor of the Symposium, celebrates its 10th anniversary. Everyone is invited to attend the Anniversary Banquet and Party. Join the Association Founders, Grandmaster Yang Zhenduo and Master Yang Jun, along with the Board of Directors and Center Directors of the 30 Yang Chengfu Centers from 12 Countries, and Association members for an evening of good food, fun entertainment, and toasts to our bright future! There will be presentations by the Grandmasters, a review of ten years of progress, and a few surprises...		

# Tuesday July 7

6:15-7:00 a.m.	<b>Morning Sunrise Practice</b>		<b>Peabody Esplanade</b>
7:00-9:00 a.m.	<b>Registration, Check-in, Hospitality, Information Central</b>		<b>The Commons Center</b>
7:00-9:00 a.m.	<b>The Commons Dining Hall is open for breakfast.</b>		<b>The Commons Center, Dining Hall</b>
7:30 a.m.- 6:30 p.m.	<b>Silk Road Bazaar</b> The Symposium's trade show features vendors of interesting cultural merchandise, music, DVDs, books, instructional materials and study aids, memorabilia and treasures of all kinds.		<b>The Commons Center, Multi-Purpose Room</b>
7:30-8:00 a.m.	<b>Orientation</b> A brief introduction to the Symposium structure and information about campus locations .		<b>The Commons Center, Lobby</b>
8:15 a.m.	<b>TaiChiMobile Service begins transport from The Commons Center</b>		
8:45-9:45 a.m.	<b>Grandmaster's Morning Keynote Address</b>		<b>Blair School of Music/Ingram Hall</b>
	<b>"Chen Family Style Tai Chi Chuan"—Grandmaster Chen Zhenglei</b>		
9:45-10:15 a.m.	<b>Morning Break, TaiChiMobile Service</b>		
10:15-11:45 a.m.	<b>Tai Chi Chuan Grandmasters Workshops</b>		
	<b>Student Life Center/Commodore Ballroom</b>	<b>Dr. Thomas F. Frist Centennial Sportsplex</b>	
	<b>A-1 Wu Family Style, Part 2 (9-16)</b> <b>Grandmaster Ma Hailong</b>	<b>B-1 Wu/Hao Family Style, Part 1 (1-8)</b> <b>Grandmaster Wu Wenhan</b>	
11:00-1:00 p.m.	<b>The Commons Dining Hall is open for lunch.</b>		<b>The Commons Center, Dining Hall</b>
1:00 p.m.	<b>TaiChiMobile Service begins transport from The Commons Center</b>		
1:00-1:30 p.m.	<b>Academic Sessions: Poster Presentations</b>		<b>Blair School of Music/Ingram Hall</b>
	A poster session presents Tai Chi Chuan and Qigong research, programs, or projects in a visual form. These are displayed on the perimeter of Blair's entryways throughout the Symposium. Presenters are available to respond to questions about their poster.		
1:30-3:00 p.m.	<b>Academic Sessions: Oral Presentations</b>		<b>Blair School of Music/Ingram Hall</b>
	Daily presentations by medical, research, academic, and practitioner experts.		
1:30-3:00 p.m.	<b>Blair/Rehearsal Hall</b>	<b>Blair/Turner Hall</b>	<b>Blair/Ingram Hall</b>
	<b>1. Physical and Cognitive Functioning in Older Adults Following Tai Chi</b> <i>Ruth Taylor-Pilliae, PhD, RN, CNS</i> <i>Arizona, USA</i>	<b>1. Somatic Attentional Focus as a Brain-based Mechanism in Tai Chi</b> <i>Catherine Kerr, PhD</i> <i>Massachusetts, USA</i>	<b>1. Promoting your Work to the Community - Health Behavior Theory meets Tai Chi, Qigong, Yoga, and more</b> <i>Rachel Levine, PhD, MSPH</i> <i>Washington, DC</i>
	<b>2. Tai Chi Chuan and its Benefits for Elders Memory</b> <i>Maria Angela Soci</i> <i>Brazil</i>	<b>2. Guo Lin Qi-gong for Cancer Care: Past, Present and Future</b> <i>Weimo Zhu, PhD</i> <i>Illinois, USA</i>	<b>2. Tai Chi Instruction in a Worksite Health Promotion Program</b> <i>Ed Jones, MPH</i> <i>Georgia, USA</i>
	<b>3. Bringing Balance Home</b> <i>Holly Sweeney-Hillman</i> <i>New Jersey, USA</i>	<b>3. Feasibility of Taiji/Qigong Practice in Day Habilitation for Adults with MRDD (Mental Retardation and Developmental Disability)</b> <i>Penelope Klein, PT, EdD</i> <i>New York, USA</i>	<b>3. Taiji-Qigong as Meditative Movement: A Unique New "Exercise" Category</b> <i>Dr Roger Jahnke, OMD</i> <i>California, USA</i>
3:00-3:30 p.m.	<b>Afternoon Break, TaiChiMobile Service</b>		
3:30-5:00 p.m.	<b>Tai Chi Chuan Grandmasters Workshops</b>		
	<b>Dr. Thomas F. Frist Centennial Sportsplex</b>	<b>Student Life Center/Commodore Ballroom</b>	
	<b>A-2 Sun Family Style, Part 1 (1-8)</b> <b>Grandmaster Sun Yongtian</b>	<b>B-2 Yang Family Style, Part 2 (9-16)</b> <b>Grandmaster Yang Zhenduo</b>	
5:00-7:00 p.m.	<b>Registration</b>		<b>The Commons Center, Lobby</b>
5:00-6:15 p.m.	<b>The Commons Dining Hall is open for dinner.</b>		<b>The Commons Center, Dining Hall</b>
6:00-7:00 p.m.	<b>Networking Station</b>		<b>The Commons Center, Lobby</b>
7:00 p.m.	<b>TAICHIMOBILE begins transport from The Commons Center</b>		
7:30-9:30 p.m.	<b>The State of The Art: An Open Forum</b>		<b>Blair School of Music/Ingram Hall</b>
	This forum promises to be extraordinarily interesting to all attendees. The Grandmasters and Symposium faculty address questions posed by participants regarding traditional Tai Chi Chuan, its current development, and past and present research. The researchers are eager to meet the Grandmasters and to share important information about Tai Chi Chuan practice and research. This is the first time that this kind of dialogue has been staged—a unique opportunity that benefits us all.		

# Wednesday July 8

6:15-7:00 a.m.	<b>Morning Sunrise Practice</b>		<b>Peabody Esplanade</b>
7:00-9:00 a.m.	<b>Registration, Check-in, Hospitality, Information Central</b>		<b>The Commons Center</b>
7:00-9:00 a.m.	<b>The Commons Dining Hall is open for breakfast.</b>		<b>The Commons Center, Dining Hall</b>
7:30 a.m.- 6:30 p.m.	<b>Silk Road Bazaar</b> The Symposium's trade show features vendors of interesting cultural merchandise, music, DVDs, books, instructional materials and study aids, memorabilia and treasures of all kinds.		<b>The Commons Center, Multi-Purpose Room</b>
7:30-8:00 a.m.	<b>Orientation</b> A brief introduction to the Symposium structure and information about campus locations .		<b>The Commons Center, Lobby</b>
8:15 a.m.	<b>TaiChiMobile Service begins transport from The Commons Center</b>		
8:45-9:45 a.m.	<b>Grandmaster's Morning Keynote Address</b> "Wu Family Style Tai Chi Chuan"—Grandmaster Ma Hailong		<b>Blair School of Music/Ingram Hall</b>
9:45-10:15 a.m.	<b>Morning Break, TaiChiMobile Service</b>		
10:15-11:45 a.m.	<b>Tai Chi Chuan Grandmasters Workshops</b>		
	<b>Student Life Center/Commodore Ballroom</b>	<b>Dr. Thomas F. Frist Centennial Sportsplex</b>	
	<b>A-1 Yang Family Style, Part 1 (1-8)</b> <b>Grandmaster Yang Zhenduo</b>	<b>B-1 Wu/Hao Family Style, Part 2 (9-16)</b> <b>Grandmaster Wu Wenhan</b>	
11:00-1:00 p.m.	<b>The Commons Dining Hall is open for lunch.</b>		<b>The Commons Center, Dining Hall</b>
1:00 p.m.	<b>TaiChiMobile Service begins transport from The Commons Center</b>		
1:00-1:30 p.m.	<b>Academic Sessions: Poster Presentations</b>		<b>Blair School of Music/Ingram Hall</b>
	A poster session presents Tai Chi Chuan and Qigong research, programs, or projects in a visual form. These are displayed on the perimeter of Blair's entryways throughout the Symposium. Presenters are available to respond to questions about their poster.		
1:30-3:00 p.m.	<b>Academic Sessions: Oral Presentations</b>		<b>Blair School of Music/Ingram Hall</b>
	Daily presentations by medical, research, academic, and practitioner experts.		
1:30-3:00 p.m.	<b>Blair/Rehearsal Hall</b>	<b>Blair/Turner Hall</b>	<b>Blair/Ingram Hall</b>
	<b>1. The Immersive Experience</b> <i>Garrett Sarley</i> <i>Massachusetts, USA</i>	<b>1. Tai Chi Toolbox</b> <i>Spencer Gee</i> <i>New York, USA</i>	<b>1. Physiological and Bioenergetic Changes Associated with Tai Chi</b> <i>Shin Lin, PhD</i> <i>California, USA</i>
	<b>2. Distilling the Essence of Tai Chi to a Practical Useable Context</b> <i>Rod Ferguson</i> <i>Queensland, Australia</i>	<b>2. S.T.A.R. and B.E.A.M. Tai Chi for Rehabilitation and Resiliency</b> <i>Peter Hill</i> <i>Arizona, USA</i>	<b>2. Tai Chi and Cardiovascular Health: State of the Science</b> <i>Gloria Yeh, MD, MPH</i> <i>Massachusetts, USA</i>
	<b>3. Simplicity: Adjusting Taijiquan Forms to Meet the Needs of Different Groups</b> <i>Barbara Davis</i> <i>Minnesota, USA</i>	<b>3. Teaching Tai Chi to Special Populations</b> <i>Domingo Colon</i> <i>New York, USA</i>	<b>3. Electroencephalogram (EEG) Analysis of Taiji Practitioner Intention</b> <i>Wu Dong</i> <i>Beijing, China</i>
3:00-3:30 p.m.	<b>Afternoon Break, TaiChiMobile Service</b>		
3:30-5:00 p.m.	<b>Tai Chi Chuan Grandmasters Workshops</b>		
	<b>Dr. Thomas F. Frist Centennial Sportsplex</b>		<b>Student Life Center/Commodore Ballroom</b>
	<b>A-2 Sun Family Style, Part 2 (9-16)</b> <b>Grandmaster Sun Yongtian</b>	<b>B-2 Chen Family Style, Part 1 (1-8)</b> <b>Grandmaster Chen Zhenglei</b>	
5:00-7:00 p.m.	<b>Registration</b>		<b>The Commons Center, Lobby</b>
5:00-6:15 p.m.	<b>The Commons Dining Hall is open for dinner.</b>		<b>The Commons Center, Dining Hall</b>
6:00-7:00 p.m.	<b>Networking Station</b>		<b>The Commons Center, Lobby</b>
7:00 p.m.	<b>TaiChiMobile begins transport from The Commons Center</b>		
7:30-9:30 p.m.	<b>A Guided Conversation About the Future: A Round Table Talk</b>		<b>Blair School of Music/Ingram Hall</b>
	This Symposium panel will conduct a guided conversation about what lies ahead for traditional Tai Chi Chuan and Qigong. Research in many countries has enriched the study of these arts. Scientific support and a body of validating studies for traditional Tai Chi Chuan is very welcome. The panel explores how Tai Chi Chuan and Qigong may contribute to the field of health and wellness, and what these arts may offer us in the future.		

# Thursday July 9

6:15-7:00 a.m.	<b>Morning Sunrise Practice</b>		<b>Peabody Esplanade</b>
7:00-9:00 a.m.	<b>Registration, Check-in, Hospitality, Information Central</b>		<b>The Commons Center, Lobby</b>
7:00-9:00 a.m.	<b>The Commons Dining Hall is open for breakfast.</b>		<b>The Commons Center, Dining Hall</b>
7:30 a.m.- 6:30 p.m.	<b>Silk Road Bazaar</b> The Symposium's trade show features vendors of interesting cultural merchandise, music, DVDs, books, instructional materials and study aids, memorabilia and treasures of all kinds.		<b>The Commons Center, Multi-Purpose Room</b>
7:30-8:00 a.m.	<b>Orientation</b> A brief introduction to the Symposium structure and information about campus locations .		<b>The Commons Center, Lobby</b>
8:15 a.m.	<b>TaiChiMobile Service begins transport from The Commons Center</b>		
8:45-9:45 a.m.	<b>Grandmaster's Morning Keynote Address</b> "Sun Family Style Tai Chi Chuan"—Grandmaster Sun Yongtian		<b>Blair School of Music/Ingram Hall</b>
9:45-10:15 a.m.	<b>Morning Break, TaiChiMobile Service</b>		
10:15-11:45 a.m.	<b>Tai Chi Chuan Grandmasters Workshops</b>		
	<b>Student Life Center/Commodore Ballroom</b>		<b>Dr. Thomas F. Frist Centennial Sportsplex</b>
	<b>A-1 Yang Family Style, Part 2 (9-16)</b> <b>Grandmaster Yang Zhenduo</b>	<b>B-1 Wu Family Style, Part 1 (1-8)</b> <b>Grandmaster Ma Hailong</b>	
11:00-1:00 p.m.	<b>The Commons Dining Hall is open for lunch.</b>		<b>The Commons Center, Dining Hall</b>
1:00 p.m.	<b>TaiChiMobile Service begins transport from The Commons Center</b>		
1:00-1:30 p.m.	<b>Academic Sessions: Poster Presentations</b>		<b>Blair School of Music/Ingram Hall</b>
	A poster session presents Tai Chi Chuan and Qigong research, programs, or projects in a visual form. These are displayed on the perimeter of Blair's entryways throughout the Symposium. Presenters are available to respond to questions about their poster.		
1:30-3:00 p.m.	<b>Academic Sessions: Oral Presentations</b>		<b>Blair School of Music/Ingram Hall</b>
	Daily presentations by medical, research, academic, and practitioner experts.		
1:30-3:00 p.m.	<b>Blair/Rehearsal Hall</b>	<b>Blair/Turner Hall</b>	<b>Blair/Ingram Hall</b>
	<b>1. Leadership Characteristics of Chinese Martial Arts Training</b> <i>CJ Rhoads, PhD</i> <i>Pennsylvania, USA</i>	<b>1. Rising from Stillness: 13 Moves of Wheelchair Tai Chi Chuan</b> <i>Zibin Guo PhD</i> <i>Tennessee, USA</i>	<b>1. Characteristics of Quadriceps Muscle Action During Tai Chi Chuan Movement</b> <i>Ge Wu, PhD</i> <i>Vermont, USA</i>
	<b>2. An International Model for Training and Certifying Tai Chi Instructors</b> <i>Roque Severino</i> <i>Brazil</i>	<b>2. Tai Chi as an Empowerment Tool for Living with HIV/AIDS</b> <i>Nicola Briggs</i> <i>New York, USA</i>	<b>2. Deconstructing Tai Chi: Biomechanics, Kinesiology, Therapeutic and Functional Applications</b> <i>Tricia Yu MA</i> <i>Kristine Hallisy PT, MS, OCS, CMPT</i> <i>New Mexico, USA</i>
	<b>3. How Tai Chi Benefits Performance in Other Sports</b> <i>Bill Walsh</i> <i>Matt Miller, MD</i> <i>New York, USA</i>	<b>3. Hun Yuan Taiji: A System of Self Cultivation and Unification</b> <i>J. Justin Meehan</i> <i>Missouri, USA</i>	<b>3. Using Physics to Explore Taiji's Yin and Yang Forces</b> <i>Chun Man Sit</i> <i>Kansas, USA</i>
3:00-3:30 p.m.	<b>Afternoon Break, TaiChiMobile Service</b>		
3:30-5:00 p.m.	<b>Tai Chi Chuan Grandmasters Workshops</b>		
	<b>Dr. Thomas F. Frist Centennial Sportsplex</b>		<b>Student Life Center/Commodore Ballroom</b>
	<b>A-2 Wu/Hao Family Style, Part 1 (1-8)</b> <b>Grandmaster Wu Wenhan</b>	<b>B-2 Chen Family Style, Part 2 (9-16)</b> <b>Grandmaster Chen Zhenglei</b>	
5:00-7:00 p.m.	<b>Registration</b>		<b>The Commons Center, Lobby</b>
5:00-6:15 p.m.	<b>The Commons Dining Hall is open for dinner.</b>		<b>The Commons Center, Dining Hall</b>
6:00-7:00 p.m.	<b>Networking Station</b>		<b>The Commons Center, Lobby</b>
7:00 p.m.	<b>TaiChiMobile begins transport from The Commons Center</b>		
7:30-9:30 p.m.	<b>Grand Showcase and Masters Demonstrations</b>		<b>Blair School of Music/Ingram Hall</b>
	Grand Showcase and Masters Demonstrations: An Evening of Cultural Exchange. This is our evening of not only great performances, but also cultural exchange among many nations. Extraordinary exhibitions by the Grandmasters and lineage holders of Tai Chi Chuan, other Symposium faculty, special guests, traditional Chinese music, American Country and Western music, Chinese children's dance, special group performances, more, more, more.... We see the influence of traditional Tai Chi Chuan resonating from the Grandmasters to everyone.		

# Friday July 10

6:15-7:00 a.m.	<b>Morning Sunrise Practice</b>		<b>Peabody Esplanade</b>
7:00-9:00 a.m.	<b>Registration, Check-in, Hospitality, Information Central</b>		<b>The Commons Center</b>
7:00-9:00 a.m.	<b>The Commons Dining Hall is open for breakfast.</b>		<b>The Commons Center, Dining Hall</b>
7:30 a.m.- 6:30 p.m.	<b>Silk Road Bazaar</b> The Symposium's trade show features vendors of interesting cultural merchandise, music, DVDs, books, instructional materials and study aids, memorabilia and treasures of all kinds.		<b>The Commons Center, Multi-Purpose Room</b>
7:30-8:00 a.m.	<b>Orientation</b> A brief introduction to the Symposium structure and information about campus locations .		<b>The Commons Center, Lobby</b>
8:15 a.m.	<b>TaiChiMobile Service begins transport from The Commons Center</b>		
8:45-9:45 a.m.	<b>Grandmaster's Morning Keynote Address</b>		<b>Blair School of Music/Ingram Hall</b>
	<b>"Yang Family Style Tai Chi Chuan"—Grandmaster Yang Zhenduo</b>		
9:45-10:15 a.m.	<b>Morning Break, TaiChiMobile Service</b>		
10:15-11:45 a.m.	<b>Tai Chi Chuan Grandmasters Workshops</b>		
	<b>Student Life Center/Commodore Ballroom</b>	<b>Dr. Thomas F. Frist Centennial Sportsplex</b>	
	<b>A-1 Wu/Hao Family Style, Part 2 (9-16)</b> <b>Grandmaster Wu Wenhan</b>	<b>B-1 Sun Family Style, Part 2 (9-16)</b> <b>Grandmaster Sun Yongtian</b>	
11:00-1:00 p.m.	<b>The Commons Dining Hall is open for lunch.</b>		<b>The Commons Center, Dining Hall</b>
1:00 p.m.	<b>TaiChiMobile Service begins transport from The Commons Center</b>		
1:00-1:30 p.m.	<b>Academic Sessions: Poster Presentations</b>		<b>Blair School of Music/Ingram Hall</b>
	A poster session presents Tai Chi Chuan and Qigong research, programs, or projects in a visual form. These are displayed on the perimeter of Blair's entryways throughout the Symposium. Presenters are available to respond to questions about their poster.		
1:30-3:00 p.m.	<b>Academic Sessions: Oral Presentations</b>		<b>Blair School of Music/Ingram Hall</b>
	Daily presentations by medical, research, academic, and practitioner experts.		
1:30-3:00 p.m.	<b>Blair/Rehearsal Hall</b>	<b>Blair/Turner Hall</b>	<b>Blair/Ingram Hall</b>
	<b>1. The Four Treasures: Knee Safety in Taijiquan</b> <i>Jay Dunbar, PhD</i> <i>North Carolina, USA</i>	<b>1. Taiji and the Recreational Therapist</b> <i>Larry Y. Brown MS, CTRS,CAS</i> <i>Tennessee, USA</i>	<b>1. The Interface of Taiji/Qigong and Other Centering Practices with a Busy Traditional Western Medical Practice</b> <i>Robert D. Sheeler, MD</i> <i>Minnesota, USA</i>
	<b>2. Tai Chi is Effective in Treating Knee Osteoarthritis: A Randomized Controlled Trial</b> <i>Chenchen Wang MD, MSc</i> <i>Massachusetts, USA</i>	<b>2. Getting There from Here: The Future of the Symposium</b> <i>William W. Wojasinski</i> <i>Kentucky, USA</i>	<b>2. Discussion of Results of a Qualitative Taiji/Qigong Study with Older Adults</b> <i>Sharon DeCelle, MS, PT</i> <i>Illinois, USA</i>
	<b>3. Taiji Practice and the Treatment of Arthritis</b> <i>Nisha Manek, MD, MRCP (UK)</i> <i>Minnesota, USA</i>	<b>3. Psychoanalysis and Tai Chi Chuan at Public Brazilian Hospital's Chinese Traditional Medicine Department</b> <i>Anna Maria Rosa da Fonseca Saraiva, MD, Brazil</i>	<b>3. Educational Analysis of Present-Day Tai Chi Passed Down Through Generations</b> <i>Peter G. Grossenbacher</i> <i>Shing-Juan Liau</i> <i>Colorado, USA</i>
3:00-3:30 p.m.	<b>Afternoon Break, TaiChiMobile Service</b>		
3:30-5:00 p.m.	<b>Tai Chi Chuan Grandmasters Workshops</b>		
	<b>Dr. Thomas F. Frist Centennial Sportsplex</b>	<b>Student Life Center/Commodore Ballroom</b>	
	<b>A-2 Chen Family Style, Part 2 (9-16)</b> <b>Grandmaster Chen Zhenglei</b>	<b>B-2 Wu Family Style, Part 2 (9-16)</b> <b>Grandmaster Ma Hailong</b>	
5:30-6:30 p.m.	<b>Grand Finale and Summary/Closing Ceremonies</b>		<b>Blair School of Music</b> <b>Martha Rivers Ingram Center for the Performing Arts, Ingram Hall</b>
	Closing Remarks and Summary by Symposium President Perspective of the Academic Chair Past/Present/Future: Remarks by Symposium leaders Closing Keynote Address by Dr. Esther Sternberg: "The Science of Mind-Body Connections: How Mind-Body Interventions Can Make You Well" Final remarks by Grandmasters Farewells		
5:00-6:15 p.m.	<b>The Commons Dining Hall is open for dinner.</b>		<b>The Commons Center, Dining Hall</b>
7:00 p.m.	<b>TaiChiMobile begins transport from The Commons Center</b>		
7:30-9:30 p.m.	<b>All-American Picnic and Friendship Party</b>		<b>The Commons Center</b>
	All participants, faculty, staff, guests, and friends are invited to the informal Friendship Party. Celebrating our week of meeting friends old and new, we've planned an All-American picnic and barbecue, plus an evening of FUN and relaxation. The theme is country music and old-time square dancing, contemporary line-dancing, and general boot-scootin'. A professional caller teaches us how to do the dances. The music sets your feet tapping, and the rest is just party and friends!		