Betsy Scott Chapman has been a Martial Artist since 1980 and a Harpist since 1988. After a long corporate career she retired to follow her passion, opening a Wellness Center in 1995 which she sold in 2008. She continues to pursue Wellness practices, teaching Tai Chi and related topics at Ursinus College and elsewhere. She is certified as a Senior Coach (Black Sash/Instructor) by the Wu Kung Federation (UK), and holds additional Black Sash ranking from Nick Gracenin's Martial Arts Center (US) and the International Wushu SanShou Dao Association (China). She is certified as a Chief Judge for Chinese Martial Arts competition in the US. As a Certified Clinical Musician she uses harp music in hospital and hospice settings to positively affect patient well-being. She is also a VAHT (Vibro-Acoustic Harp Therapy) Practitioner, Shiatsu therapist and Reiki Practitioner. She has coproduced a CD of music and spoken word specifically for use with hospice patients, and another CD of music for relaxation and meditation. You may find more information about Betsy on her website, www.betsychapman.com