Languages: |

Categories: Active WikiProjects | Wikipedia pages with to-do lists | Wikipedia pages with to-do lists, unused | WikiProject Mind-Body

# Wikipedia: WikiProject Mind-Body

From Wikipedia, the free encyclopedia



This is a WikiProject, an area for focused collaboration among Wikipedians.

Guide to WikiProjects 'Directory of WikiProjects

Welcome to WikiProject Mind-Body. Several Wikipedians have formed this collaboration resource and group dedicated to improving Wikipedia's coverage of practices considered part of Mind-Body, which is a multidisciplinary topic under the domains of medicine, sports (martial arts, specifically), culture, philosophy and religion. The Wikipedians who have joined this project are interested in the organization of information and articles, specifically as they apply to the crossover between evidence-based medical research and application of healing mind-body practices such as Qigong. This page and its subpages contain their suggestions and various resources; it is hoped that this project will help to focus the efforts of other Wikipedians interested in the topic.

If you would like to help, please join the project, inquire on the talk page and see the to-do list below.

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## Goals

Research-based evidence of the efficacy and effectiveness of Mind-body practices for medical applications have only recently been accepted by the medical community, but as of yet the specific requirements of each practice have not yet been determined. As a result, these mind-body practices need to be documented and investigated in their entirety in order to determine which aspects provide the healing capacity. Our goal is to work together as a group to organize the terminology and relationships between different aspects in this field of study. Our goal is not to control either the terms or definitions of all the different aspects of Qigong and other Mind-Body practices, but rather to generate agreement among all of us on our use of the terms. This will enable us to investigate the scope of our understanding, and to broaden people's awareness of the specifics of the field. We will...

- Start with a brainstormed list of all related topics
- Organize the brainstormed list into categories and subcategories
- Review existing Wikipedia pages for each term on the list
- Recruit specialists in the field of each category and subcategory
- Identify holes and create pages where necessary
- Edit pages where necessary, trying to eliminate contradictions and confusion
- Review existing research in the field to determine common elements and standards
- Iterate between discussions with experts in the fields and terminology used in the research to simplify and consolidate, seeking agreement among as many constituencies as possible on the use of terms.

## **Initial Brainstormed List**

Starting with this list, we will attempt to create some kind of organization.

- Qigong (edit|talk|history|protect|links|watch|logs)
  - Qi (edit | talk | history | protect | links | watch | logs)
  - Gong (edit | talk | history | protect | links | watch | logs)
- Historical Documents (edit | talk | history | protect | links | watch | logs)
  - Tao Te Jing (edit | talk | history | protect | links | watch | logs)
  - I Ching (edit | talk | history | protect | links | watch | logs)
- Historical Figures (edit | talk | history | protect | links | watch | logs)

- Huangdi Neijing (edit | talk | history | protect | links | watch | logs)
- Yang Lu Chan (edit | talk | history | protect | links | watch | logs)
- Yang Chang Fu (edit | talk | history | protect | links | watch | logs)
- Chen Wangting (edit | talk | history | protect | links | watch | logs)
- $\blacksquare \ \ Wu\ Yu\text{-hsiang}\ \ (edit \mid talk \mid history \mid protect \mid links \mid watch \mid logs)$
- Wu Ch'uan-yu (edit|talk|history|protect|links|watch|logs)
- Sun Lu-t'ang (edit | talk | history | protect | links | watch | logs)
- $\blacksquare \ \ Culture \ \ (edit \mid talk \mid history \mid protect \mid links \mid watch \mid logs)$
- Energy work (edit|talk|history|protect|links|watch|logs)
- Mindful repetition (edit | talk | history | protect | links | watch | logs)
- Religions (edit | talk | history | protect | links | watch | logs)
  - Taoism (edit | talk | history | protect | links | watch | logs)
  - Christianity (edit | talk | history | protect | links | watch | logs)
  - Buddhism (edit | talk | history | protect | links | watch | logs)
  - Hinduism (edit | talk | history | protect | links | watch | logs)
  - Islamism (edit | talk | history | protect | links | watch | logs)
  - Judaism (edit | talk | history | protect | links | watch | logs)
- Cults (edit | talk | history | protect | links | watch | logs)
  - Falun Gong (edit | talk | history | protect | links | watch | logs)
- Mental Discipline (edit | talk | history | protect | links | watch | logs)
  - Mental relaxation (edit | talk | history | protect | links | watch | logs)
- Mental emptiness (edit | talk | history | protect | links | watch | logs)
- Philosophy (edit | talk | history | protect | links | watch | logs)
- Taoism (edit | talk | history | protect | links | watch | logs)
- Spirituality (edit | talk | history | protect | links | watch | logs)
- Chinese Martial Arts (edit | talk | history | protect | links | watch | logs)
  - Tai Chi Chuan (edit | talk | history | protect | links | watch | logs)
  - Hsing I (edit | talk | history | protect | links | watch | logs)
  - Ba Gua Chuan (edit | talk | history | protect | links | watch | logs)
  - Wudan (edit | talk | history | protect | links | watch | logs)
- Meditation (edit | talk | history | protect | links | watch | logs)
- Medical (edit | talk | history | protect | links | watch | logs)
- Alternative and Complementary Medicine (edit | talk | history | protect | links | watch | logs)
- Integrative Medicine (edit | talk | history | protect | links | watch | logs)
- Quantum Biology (edit | talk | history | protect | links | watch | logs)
- Wellness (edit|talk|history|protect|links|watch|logs)
- Chinese Traditional Medicine (edit | talk | history | protect | links | watch | logs)
- $\blacksquare \ \ Acupuncture \ \ (edit \mid talk \mid history \mid protect \mid links \mid watch \mid logs)$
- Disease and Illness Prevention (edit|talk|history|protect|links|watch|logs)
- Pain Management (edit | talk | history | protect | links | watch | logs)
- Neurology (edit | talk | history | protect | links | watch | logs)
- Endocrinology (edit|talk|history|protect|links|watch|logs)
- Immunology (edit | talk | history | protect | links | watch | logs)
- Biofeedback (edit | talk | history | protect | links | watch | logs)
- Holistic Therapy (edit | talk | history | protect | links | watch | logs)
- $\blacksquare \ \, Breath \ \, work \ \, (edit \, | \, talk \, | \, history \, | \, protect \, | \, links \, | \, watch \, | \, logs)$
- Energy Healing (edit|talk|history|protect|links|watch|logs)
- Energy Psychiatry (edit | talk | history | protect | links | watch | logs)
- Movement (edit|talk|history|protect|links|watch|logs)
- Fitness (edit | talk | history | protect | links | watch | logs)
- Yoga (edit | talk | history | protect | links | watch | logs)
- Daoyin (edit | talk | history | protect | links | watch | logs)
- Vibrations (edit | talk | history | protect | links | watch | logs)
- Chanting (edit | talk | history | protect | links | watch | logs)
- Sounds (edit | talk | history | protect | links | watch | logs)
- Physical Environment (edit | talk | history | protect | links | watch | logs)
- Control of physical entities (edit | talk | history | protect | links | watch | logs)
- Philosophy (edit | talk | history | protect | links | watch | logs)
- Spirituality (edit | talk | history | protect | links | watch | logs)
- Mindfulness (edit | talk | history | protect | links | watch | logs)
- Body work (edit | talk | history | protect | links | watch | logs)

### Guidelines

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## **Open tasks**



To-do list for Wikipedia: WikiProject Mind-Body:

To-do list is empty: remove {{to do}} tag or click on edit to add an item.

## **Participants**

Please feel free to add yourself here, and to indicate any areas of particular interest.

Cjrhoads (talk · contribs) (I am interested in working on all aspects of Mind-Body practices) CJ (talk) 22:12, 24 July 2013 (UTC)

### **Articles**

### **Featured content**

#### **Candidates**

#### New articles

Please feel free to list your new Mind-Body-related articles here (newer articles at the top, please). Any new articles that have an interesting or unusual fact in them, are at least over 1,000 characters, don't have any dispute templates on them, *and cite their sources*, should be suggested for the Did you know? box on the Wikipedia Main Page.

## **Review and assessment**

#### Assessment

Assessment

#### Peer review

Peer review

### **Statistics**

## Categories

To display all subcategories click on the "▶":

► Mind-Body (empty) *no subcategories* 

## **Templates**

## Resources

#### Sisterlinks

## **Related WikiProjects**

V·T·E(//en.wikipedia.org/w/index.php?title=Template:Wikipedia_policies_Keety_Wikipedia;policies_	
Overview	Five pillars ·Policies and guidelines ·List of policies and guidelines(List of policies ·List of guidelines)
Project-wide principles	Consensus · Dispute resolution · Editing policy · Ignore all rules · What Wikipedia is not
Core content policies	Neutral point of view ·No original research ·Verifiability
Other content policies	Article titles ·Biographies of living persons ·Deletion ·Image use
Content guidelines	$Citing \ sources \cdot Disambiguation \cdot \ Do \ not \ create \ hoaxes \cdot Do \ not \ include \ copies \ of \ primary \ sources \cdot Identifying \ reliable \ sources \cdot Notability \cdot$
	Patent nonsense
Behavioural policies	$Child\ protection\ \cdot Civility\ \cdot \ Edit\ warring\ \cdot Harassment\ \cdot \ No\ legal\ threats\ \cdot No\ personal\ attacks\ \cdot Ownership\ of\ articles\ \cdot Sock\ puppetry$
Behavioural guidelines	$Assume good faith \cdot Conflict of interest \cdot Do \ not \ disrupt \ Wikipedia \ to \ illustrate \ a \ point \cdot Etiquette \cdot Gaming \ the \ system \cdot Please \ do \ not \ bite \ the \ newcomers$
Editing guidelines	Article size ·Be bold ·Hatnotes · Signatures · Subpages ·Talk page guidelines ·User pages ·Vandalism · WikiProjects
Style conventions	$Manual\ of\ Style (Contents)\cdot Accessibility\cdot Dates\ and\ numbers\cdot Images\cdot Layout\cdot Lead\ section\cdot Linking\cdot Lists$
Classification guidelines	Categories, lists, and navigation templates · Categorization · Template namespace
Wikimedia Foundation	List of policies ·Licensing and copyright ·Privacy · Values
Book · Category: Policies / Guidelines	

Directory of WikiProjects WikiProject Council Guide to WikiProjects

[Mark this page as patrolled]

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