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National Qigong (Chi Kung) Association © USA  
NQA Research and Education Committee

## Minutes

Meeting: **September 15, 2013 8:00 pm Eastern Time, 5:00 pm Pacific Time** (Note: 3rd Sunday instead of 4th Sunday this month)  
(meetings are generally the fourth Sunday of each month)  
Conference Number: 605 475-4333 code 919728  
Webconference Site: [Joinme.com](http://Joinme.com) (used only if necessary, meeting number given on phone)  
Group File Storage Location: <http://HPLConsortium.com/mollify> username: nqare password:NQA%20re  
or <ftp://hplconsortium.com/> username: nqare password:NQA%20re

### Committee Members

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#### Invited Members Who Attended Meeting 9-15

CHAIR - CJ Rhoads ([cjrhoads@taijiquanenthusiasts.org](mailto:cjrhoads@taijiquanenthusiasts.org))  
VICE CHAIR Gary Giamboi ([garysbusiness@gmail.com](mailto:garysbusiness@gmail.com))  
SECRETARY Maryann DiEdwardo ([diedwardo7@Rcn.com](mailto:diedwardo7@Rcn.com))  
Matthew F. Komelski ([komelski@vt.edu](mailto:komelski@vt.edu))  
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Alan Graham ([info@alangrahamdc.com](mailto:info@alangrahamdc.com))  
Robert Brown ([b2bolin@olypen.com](mailto:b2bolin@olypen.com))  
Lauro Medina Jr. ([laurojr4@yahoo.com](mailto:laurojr4@yahoo.com))

#### Invited Guest in Attendance

Siobhan Hutchinson <[siobhan@nextstepstrategiesllc.com](mailto:siobhan@nextstepstrategiesllc.com)>

#### (Invited Friends of R&E committee)

Michael Hopkings McComiskey ([mmccom1946@aol.com](mailto:mmccom1946@aol.com))  
Mark R. Reinhart NMT, MMQ ([tuneup@ptd.net](mailto:tuneup@ptd.net));  
Ali Wolf ([info@nqa.org](mailto:info@nqa.org))  
Shirley Hildreth ([qigongforwellness@cox.net](mailto:qigongforwellness@cox.net))  
Mark Melchiorre ([mark@melchiorre.com](mailto:mark@melchiorre.com))  
Vicki Dello Joio ([vicki@wayofjoy.com](mailto:vicki@wayofjoy.com))  
Tom Rogers ([fiveninechi@gmail.com](mailto:fiveninechi@gmail.com))  
Annie Roberts ([qigonghealing@comcast.net](mailto:qigonghealing@comcast.net))  
Roger Jahnke ([DrJahnke@HealthAction.net](mailto:DrJahnke@HealthAction.net))  
Bernard Shannon ([Bernard@medicalqigong.org](mailto:Bernard@medicalqigong.org))  
Chris Bouguyon ([Chris@simplyAware.com](mailto:Chris@simplyAware.com))  
Michael Winn ([winn.dao@earthlink.net](mailto:winn.dao@earthlink.net))  
Susie Rosinski <[reikisusirosinski@yahoo.com](mailto:reikisusirosinski@yahoo.com)>

*CJ welcomed the committee members and guests. CJ briefly discussed the Taijiquan picnic in Pennsylvania on September 22.*

#### International Research Agenda Progress

*CJ also is gathering participants in the WikiProject for reviewing the pages and seeing where they need to be modified. She emphasizes that we need all topics to hang together more effectively.*

#### WikiProjects discussion

*MINUTES: Most essentially, we are going to work on attracting members of our group and other scholars to be participants in our current MIND BODY WikiProject. The WikiProject discussion was quite remarkable. We reviewed the possibility of changing the theme MIND BODY to another title. However, the discussion focused an issue of a different Wikipedia user who would group our WikiProject MIND BODY with Fringe, a different WikiProject title. This move would change our*

*original focus and may group our project with other topics. CJ stated that she didn't think we should merge MIND BODY Project with the Fringe project. We agreed. Alan suggested a different approach. He thought it would make sense to find out why someone is interested in why the other Wikipedia user thought we should join our group to Fringe.*

WikiProjects page is up and running: [http://en.wikipedia.org/wiki/Wikipedia:WikiProject\\_Mind-Body#Initial\\_Brainstormed\\_List](http://en.wikipedia.org/wiki/Wikipedia:WikiProject_Mind-Body#Initial_Brainstormed_List)

*MINUTES: We discussed the listings as they appear in the new WikiProject called MIND BODY. CJ offered the idea that we could simply continue to edit pages that relate to QiGong. But the group seemed to hope to continue the project. CJ explained the purpose of a WikiProject, which should be an overview of a topic that is related to many different aspects of related topics. For example, Martial Arts has a WIKI Project, but it would be inappropriate for any single martial art to have one; the purpose is to provide framework and structure on topics underneath an overarching concept. Qigong is not overarching enough, but MIND BODY is. We could focus mostly on Qigong, but recruit others to manage the other topics related to Qigong and put Qigong inside the framework. The tasks would be:*

- Review existing Wikipedia pages for each term on the list
- Recruit specialists in the field of each category and subcategory
- Identify holes and create pages where necessary
- Edit pages where necessary, trying to eliminate contradictions and confusion
- Review existing research in the field to determine common elements and standards

*MINUTES: We discussed the WikiProject. CJ requested that we join the Project and become active in the WikiProject. She demonstrated the task of adding ourselves as participants to the WikiProject called Mind Body via join.me CJ is still trying to add our WikiProject to the Directory.*

### Reuniting Collaborative Relationships

*Gary explained that the MIND BODY term denotes the fitness industry areas of yoga, pilates, QiGong, Taiji. CJ discusses acceptance of the mind-body terminology in the community of medicine. She suggests that we discuss further. Alan states that the primary purpose is to educate public about qigong. Kathy noted that the focus should be specifically on QiGong and research in the area. Kathy sees the MIND BODY as a different framework.*

*We also discussed the WikiProject and our goals in gathering scholars in different areas related to Qigong under MIND BODY. Maryann discusses the importance of pursuing QiGong as the MIND BODY area due to the popularity of this concept.*

*We discussed a letter that would introduce the Wiki Project with introductory information and instructions. We could also follow up with phone calls. Other members suggested a time limit for the response. CJ will create a letter template for us to share with our colleagues etc.*

### Annual Conference

*CJ requested responses from those who attended the Annual Conference. General consensus was that the Conference went well. Some controversy centered upon a main speaker, but group members discussed the topic.*

**Education: Direction and Projects - (Gary & Eric)**

*Both spoke about the Qi Talks that were run by Vicki are starting the second sessions. Gary indicated that he wants the Qi talks to be for professionals. However, Vicki did not want to add other responsibilities at this time but offered the thought that Gary could continue his leadership ideas to gather professionals for Qi talks with other modalities that would be specifically for professionals. Discussion centered on Gary and Eric ability and interest; they might want to revise or transpose the Qi talks to be for general public and/or professionals. High level instructors could speak to instructors or instructors who already have courses could offer discounts to our professional members for them to attend courses that are set up. For the quality of material Gary intends, he realizes that there would have to be fees. Currently Qi Talks are free to everyone. The registrations are in the area of 75 to 100 for some talks. Registration might go down if a fee was charged.*

**NEXT MEETING: October 27, 2013 8:00 pm Eastern Time, 5:00 pm Pacific Time**  
(meetings are generally the fourth Sunday of each month)