

12/16/2013 12:33 PM

**CJ Rhoads**

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**To:** 'Alan Graham'; 'Eric Imbody'; 'Gary Giamboi'; 'Kathleen Levac'; 'Matthew F. Komelski'; 'Lauro Medina Jr.'; 'Maryann DiEdwardo'; 'Robert Brown'; Garth Henry; 'Ms. Siobhan Hutchinson (siobhan@nextstepstrategiesllc.com)'  
**Cc:** MARYANN P DIEDWARDO  
**Subject:** FW: Minutes of meeting 11-24-2013 from Maryann

Hi, all.

Due to the holiday, we will not be holding our December meeting (which would have been on December 22). I'll talk to you all on January 26.

If you remember, we moved the meeting to 8:00 to accommodate a specific scheduling issue for a committee member. Is that scheduling issue gone? If so I'd like to move the meeting back to 7:00 pm Eastern Time (4:00 pm Pacific time) which works better in my schedule. Would that work for everyone? Please let Maryann know, and she will tally the responses (would you please, Maryann?)

I'm sending out holiday cards this week, so if any of you have moved recently, please send me your new address (or just check that I have the right one on file.)

Have a wonderful holiday.

Peace  
CJ

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CJ & Bob Rhoads  
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**From:** Maryann Diedwardo [mailto:diedwardo7@gmail.com]  
**Sent:** Sunday, November 24, 2013 9:05 PM

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**To:** <CJ@CJRhoads.com>; CJ Rhoads; Maryann Diedwardo  
**Subject:** Minutes of meeting 11-24-2013 from Maryann

National Qigong (Chi Kung) Association [ USA  
NQA Research and Education Committee

**Minutes are in bold type**

Meeting: November 24, 2013 8:00 pm Eastern Time, 5:00 pm Pacific Time

(meetings are generally the fourth Sunday of each month)

Conference Number: 605 475-4333 code 919728

Webconference Site: Joinme.com (used only if necessary, meeting number given on phone)

Group FTP File Storage Location: <ftp://hplconsortium.com/> username: nqare  
password:NQA%20re

Group File Storage Location: <http://HPLConsortium.com/mollify> username: nqare  
password:NQA%20re

(these are both at the same place. If you know FTP, that is a more efficient way to access the files. If you are not familiar with FTPing, then use the mollify to upload and download files.)

Reminder Link: <http://www.dialmycalls.com/s/CGF2U6H>

Committee Members

**Invited Members present at the 11-24-2013 meeting:**

**CHAIR - CJ Rhoads ([cjrhoads@taijiquanenthusiasts.org](mailto:cjrhoads@taijiquanenthusiasts.org))**

**SECRETARY Maryann P. DiEdwardo ([diedwardo7@Rcn.com](mailto:diedwardo7@Rcn.com))**

**Eric Imbody ([eimbody@earthlink.net](mailto:eimbody@earthlink.net))**

**Lauro Medina Jr. ([laurojr4@yahoo.com](mailto:laurojr4@yahoo.com))**

**Robert Brown ([b2bolin@olypen.com](mailto:b2bolin@olypen.com))**

**Potential New Members:**

**Garth Henry <'[hgarth60@yahoo.com](mailto:hgarth60@yahoo.com)'>**

**Siobhan Hutchinson <[siobhan@nextstepstrategiesllc.com](mailto:siobhan@nextstepstrategiesllc.com)>**

**(Invited Friends of R&E committee) present at the 11-24-2013 meeting**

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Susi Rosinski <[reikisusirosinski@yahoo.com](mailto:reikisusirosinski@yahoo.com)>

## Meeting Topics

We voted on Siobhan Hutchinson's membership in the committee.

Having fulfilled the required three meeting attendance criteria, we extended an invitation to Siobhan Hutchinson to officially join the committee. She accepted the invitation, the committee will voted to approve their membership.

## International Research Agenda Progress

We reviewed Qigong Page: <http://en.wikipedia.org/wiki/Qigong> and discussed citations such as #98 which was an older article from 2000. Robert suggested changes to Etymology section. Eric pointed out that we need continued research. CJ edited the section that Eric suggested with additional data. Eric continued to discuss specific research and questioned whether there could be a comment in the research area to connect to medical research content. CJ added that we may consider working on improvement of the research area of the page. Robert explained that the "physical environment" was not yet selected as a item in the page. Cj added that she thinks QiGong is a helpful evidence based activity. Siobhan commented that there could be a section in the topic of medical QiGong. CJ explained the differences in the areas of energetic healing. Cj suggested that we concentrate on evidence based content and themes. Cj suggested re-ordering to place applications first. She suggests history could go lower on the page. We can reorganize the page to emphasize the applications. Next month, we will review the changes.

Cj wanted us to review the talk page <https://en.wikipedia.org/wiki/Talk:Qigong>

Google doc discussion on WikiProject versus talk page discussion on WikiProject discussion pointed to misunderstanding of the point of a WikiProject which is simply planning and the QiGong Wiki Page which lists references.

In the discussion about Recruiting Collaborative Relationships - Robert mentioned the letter and made a few suggestions. CJ said we could clarify the points.

CJ placed this item on the list for next month. CJ felt that she could clarify the points to Discuss/Modify Letter that CJ drafted to invite people to join the WikiProject:

[http://hplconsortium.com/Groups/NQA\\_RE/OtherFiles/LetterofInvitation.docx](http://hplconsortium.com/Groups/NQA_RE/OtherFiles/LetterofInvitation.docx)

How do we best collaborate with Qigong Institute?

<http://www.qigonginstitute.org/html/whatsnew.php>

Request people to join the WikiProject

<https://docs.google.com/spreadsheet/ccc?key=0AmE2KHQFifsddGIOODA5cFBEUzY0VUJfOGxvRVofTkE>

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**CJ discussed the Integrative Healthcare Symposium and asked if any members would go. Siobhan mentioned that she had attended in the past.**

<http://www.ihSYMposium.com/annual-conference/>

**CJ also mentioned the Non-discrimination clause in Affordable Healthcare Act. CJ considered this important to include QiGong in the clause about practitioner qualifications. If the practitioner has certification in QiGong, the treatment could be covered similarly to massage and other mind-body treatments.**

<http://fontherapeutics.com/blog/update-insurance-coverage-for-integrative-health-services-in-2014/>

**Education: Planned Projects - (Gary spoke about the projects.)**

**Report on planned activities or other ideas for Education**

**Eric mentioned that he enjoyed the last conference in 2014 Conference in Valley Forge. He also thought the research and education committee could discuss an aspect of QiGong to generate more interest for possible research or appreciating research that is ongoing currently. CJ asked if she should do a short presentation with help.**

**Conclusion items: Look at the QiGong page and discuss details of changes; describe to others what we want to accomplish on the WikiProject; discuss the Valley Forge conference. Meeting ended at 9:03 P.M.**

**Parking Lot Items: (Items on hold, either waiting for a decision or some previous project to be completed).**

**Taijiquan Enthusiasts Organization Alliance**

**Check Minutes From Previous Month for To-Do's prior to meeting**

**NEXT MEETING: December 22, 2013 8:00 pm Eastern Time, 5:00 pm Pacific Time**

**(meetings are generally the fourth Sunday of each month)**

**NQA P O Box 270065 St. Paul, MN 55127 Phone: 888-815-1893 Fax: 888-359-9526**

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**Phone: 484-332-3331 Cell: 610-468-5039**

**Email: [CJRhoads@TaijiquanEnthusiasts.org](mailto:CJRhoads@TaijiquanEnthusiasts.org)**